



# 5 Ways to Encourage Moms

Looking for practical ways to encourage the moms in your church? Sure, you could offer free babysitting every weekend, but that might be more than you can handle. Instead, try one of these ideas!

## 1. TEACH THEIR CHILDREN A SKILL.

No mom has all the skills a child could benefit from. Invite women in your church to teach kids something that they do particularly well, such as a cooking technique, a business competence, or a home repair skill. Scale it down so a skill can be learned in an hour, which gives moms a break and gives kids a practical lesson. This is a great way to connect women in your church with other families, and it only requires a short commitment from those who teach a skill.

## 2. CONNECT KIDS THROUGH A SERVICE PROJECT.

If a woman at your church volunteers doing yard work for an elderly person, see if she can take a few children along to serve with her once a month. Or if someone sorts clothing or cans of food at a resource center, this is something a few kids can do alongside an adult. Moms will be so thankful that others are modeling servanthood for their children—and giving their kids a chance to put it into practice!

## 3. AVOID THE "SHOULDs." Most moms are doing the best they know how, so hearing "You should..." with any end to that sentence only heaps guilt on the mom. It's easy to give

"should" advice that makes moms feel like a failure. Instead, offer loads of encouragement and always include a hug while whispering "You're a great mom!" into her ear.

## 4. FACEBOOK THEM AS FRIENDS.

Create a Facebook group of your church's moms. As you are out and about, send a photo highlighting something useful you come across—a great clearance bin, a garage sale with children's books, or a local lecture that might be fun for moms and their kids. You can be eyes and ears on the town for moms. This is also a great place to add Bible verses or funny stories to encourage them.

## 5. SHARE THEIR STORIES.

Perhaps the most important thing you can do for moms is share their stories. Cheer them for accomplishments. Ask questions and listen to their answers. Let them know you care and are praying for them in every step of the momhood journey.

Encourage **all** moms in your church with *Where Moms Connect*. This curriculum can be launched at any time of year and connects moms with kids of all ages and life stages. Get more info at [group.com/WhereMomsConnect](http://group.com/WhereMomsConnect).