

Small Group
Fast Bible Love

COZY MOUNTAIN LODGE

Give women an experience where they can relax and recharge their faith and friendships!

Enjoy a mountain getaway without leaving your retreat location!

At your Cozy Mountain Lodge retreat, women find shelter and comfort in God as they explore the Bible account of Ruth and Naomi through a variety of activities, worship, discussion, quiet reflection, Christian service, and more.

Looking inside each session...



Session 1

In this session, your guests unpack how each of us is given different “building materials” in life as they explore the first chapter of Ruth in the Bible. Women discover that no matter what building materials life gives us, we can all choose to make God our firm foundation. This session includes a time of worship, a fun group activity, and Bible study.



Session 2

A mountain getaway isn't complete without games! Here women get to know each other and build friendships as they play familiar board games with a few new twists. Women grow closer together—and also gain insights on how to approach constant change in their lives as they consider the Bible account of Ruth and Naomi.



Session 3

Having fun is one of our most basic needs as humans. In this session, women laugh through a wacky re-enactment of the Three Little Pigs. This silly story serves as the launching point for discovery and discussion about the importance of being surrounded by supportive friends. There's worship, silly fun, a closer look at the story of Ruth and Naomi (Ruth 2), and a time of encouragement and prayer for each other.



Session 4

We all know someone who's had a time of hardship—or have been there ourselves. In this session, women consider the hardships of Ruth and Naomi's lives. Then, they move into a time of service as they demonstrate love and compassion for others by making hearty bean soup mixes to be donated to those in need.



Session 5

Jesus is our Redeemer. He provides covering and protection to us, just as he provided the covering that Ruth needed through Boaz. In this session, women look at what Boaz did for Ruth (Ruth 3) and how it's an example of what Jesus Christ did for us through the gift of salvation.



Session 6

This session helps women grow closer to God through a quiet time of prayer and reflection on God's Word. Using their journals as a guide, women visit five unique stations where they experience and take in God's love, peace, comfort, and guidance. This time is focused around Psalm 23.



Session 7

We love to be encouraged by others. During this celebratory session, women affirm some of the beautiful qualities they see in each other. It will lift women's spirits and put a little jump in their step before they leave your retreat. This session is complete with “warm fuzzies,” worship, and a reading of the last section of Ruth 4.

The flexible schedule and format works for your needs.

You can do all seven sessions in a single day, make it an overnight getaway, or even a full weekend with two nights. The Director Guide (included in your kit) makes it easy, with schedules for all three options.

God is our refuge and strength, always ready to help in times of trouble. —Psalm 46:1