

7 Creative Ways to Help Kids Pray



God wants us to pray.

It's one way we can grow in our friendship with him!

He doesn't care if you pray with your eyes closed or open. Or while you're riding a bike, or cleaning your room, or eating a sandwich, or watching TV. It doesn't matter to God if you're in class, in church, or in the bathtub.

God's ready to hear your prayers anywhere, anytime, about anything. The more you can pray, the better!

Here are **7 creative ways** to get kids to talk to God more (and adults, too!):



1. Pray in a place you've never prayed before. It can be on the swings, at the grocery store, or in the garage. God listens to you everywhere!

2. Write your prayer. Some people focus better when they write things down. Find a piece of scrap paper or a journal and write what you want to say to God. (He'll read it, for sure.)

3. Sing your prayer. If you love music, it can be fun to turn your prayer into a melody. God loves the beauty of your songs because they always come from the heart.

4. Draw your prayer. Are you an artist? (Yes, you are. Everyone's an artist!) Picture prayers are a great way to tell God how you feel but aren't sure how to say it. God will understand every stroke.

5. Pray with a friend or family member. A fun way to pray together is to alternate back and forth. You pray a sentence, then your friend prays a sentence. Take turns as long as you want to.

6. Telescope prayers. Take a paper towel tube and use it like a telescope. Thank God for each different thing you see.

7. Popcorn prayers. Talking to God can be simple and quick. Just say a word or short phrase that tells God what you're thinking. Popcorn prayers work especially well with a small group of your friends or family.

